

## Ante Communion Service --- Lent 1

Hymn

The Glory of these Forty Days

Trinity College Chapel Choir

*The glory of these forty days, we celebrate with songs of praise;  
for Christ, by whom all things were made, himself has fasted and has prayed.*

*Alone and fasting Moses saw the loving God who gave the law;  
and to Elijah, fasting, came the steeds and chariots of flame.*

*So Daniel trained his mystic sight, delivered from the lions' might;  
and John, the Bridegroom's friend, became the herald of Messiah's name.*

*Then grant us, Lord, like them to be, full oft in fast and prayer with thee;  
our spirits strengthen with thy grace, and give us joy to see thy face.*

*O Father, Son, and Spirit blest, to thee be every prayer addressed,  
who art in three-fold Name adored, from age to age, the only Lord.*

Blessed be the holy Trinity, one God, who forgives all our sin, and whose mercy endures forever.

**Amen.**

God of mercy and consolation, come to the help of your people, turning us from our sin to live for you alone. Give us the power of your Holy Spirit that we may confess our sin, receive your forgiveness, and grow into the fullness of Jesus Christ, our Savior and Lord. Amen.

*Silence for reflection and self-examination.*

Let us confess our sin in the presence of God and of one another.

**Gracious God, have mercy on us. We confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry, and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will and walk in your ways to the glory of your name. Amen.**

God, who is rich in mercy, loved us even when we were dead in sin, and made us alive together with Christ. By grace you have been saved. In the name of Jesus Christ, your sins are forgiven. Almighty God strengthen you with power through the Holy Spirit, that Christ may live in your hearts through faith.

**Amen.**

The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

**And also with you.**

In peace let us pray to the Lord.

**Lord have mercy.**

In peace, let us pray to the Lord.  
For the peace from above, and for our salvation, let us pray to the Lord.

**Lord, have mercy.**  
**Lord, have mercy.**

For the peace of the whole world, for the well-being of the church of God, and for the unity of all,  
let us pray to the Lord.  
For our holy house, and for all who offer their worship and praise, let us pray to the Lord.

**Lord, have mercy.**  
**Lord, have mercy.**  
**Amen.**

Help, save, comfort, and defend us, gracious Lord.

Kyrie: Deutsche Messe, Franz Schubert; adapt. Richard Proulx  
*Lord have mercy, Christ have mercy, Lord have mercy*

Let us pray. Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

**First Reading**                      **Genesis 9:8-17**

God said to Noah and to his sons with him, "As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth." God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth."

The Word of the Lord.

**Thanks be to God.**

**Psalm 25:1-9**                      *Ad te, Domine, levavi*

To you, O Lord, I lift up my soul; my God, I put my trust in you; \*  
**let me not be humiliated, nor let my enemies triumph over me.**  
Let none who look to you be put to shame; \*  
**let the treacherous be disappointed in their schemes.**  
Show me your ways, O Lord, \*  
**and teach me your paths.**  
Lead me in your truth and teach me, \*  
**for you are the God of my salvation; in you have I trusted all the day long.**  
Remember, O Lord, your compassion and love, \*  
**for they are from everlasting.**  
Remember not the sins of my youth and my transgressions; \*  
**remember me according to your love and for the sake of your goodness, O Lord.**

Gracious and upright is the Lord; \*  
**therefore he teaches sinners in his way.**

He guides the humble in doing right \*  
**and teaches his way to the lowly.**

All the paths of the Lord are love and faithfulness \*  
**to those who keep his covenant and his testimonies.**

Glory be to the Father, and to the Son, and to the Holy Spirit.

**As it was in the beginning, is now, and every shall be. World without end. Amen.**

**Second Reading**                      **1 Peter 3:18-22**

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you-- not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

The Word of the Lord.

**Thanks be to God.**

**Gospel**                                      **Mark 1:9-15**

The Holy Gospel of our Lord Jesus Christ according to Mark.

**Glory to you, Lord Christ.**

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased." And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

The Gospel of the Lord.

**Praise to you, Lord Christ.**

**Sermon**

**Hymn**

**He Leadeth Me**

*Acapeldridge*

*He leadeth me! O blessed tho't! O words with heav'nly comfort fraught!  
Whate'er I do, where'er I be, still 'tis God's hand that leadeth me!*

*Refrain:*

*He leadeth me, He leadeth me, by His own hand He leadeth me:  
His faithful foll'wer I would be, for by His hand He leadeth me.*

*Sometimes 'mid scenes of deepest gloom, sometimes where Eden's bowers bloom,  
By waters still, o'er troubled sea, still 'tis His hand that leadeth me! [Refrain]*

*And when my task on earth is done, when, by Thy grace, the vict'ry's won,  
E'en death's cold wave I will not flee, since God thro' Jordan leadeth me! [Refrain]*

## Apostles' Creed

**I believe in God, the Father almighty, creator of heaven and earth;  
I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit and born of the Virgin Mary.  
He suffered under Pontius Pilate, was crucified, died, and was buried.  
He descended to the dead. On the third day he rose again.  
He ascended into heaven, and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.  
I believe in the Holy Spirit, the holy catholic Church, the communion of saints,  
the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

*Celebrant* With the whole people of God in Christ Jesus, let us pray for the church,  
those in need, and all of God's creation. In peace, we pray to you, Lord God.

### *Silence*

For this community, the nation, and the world;

**For all who work for justice, freedom, and peace.**

For the peace and unity of the world;

**That a spirit of respect may grow among nations and peoples.**

For the just and proper use of your creation;

**For the victims of hunger, fear, injustice, and oppression.**

For all bishops and other ministers;

**For all who serve God in his Church.**

For all who love and trust in God, that divisions may cease;

**And that all may be one, as you and the Father are one.**

For all who are in danger, sorrow, or any kind of trouble;

**For those who minister to the sick, the friendless, and the needy.**

For wisdom in this time of pandemic;

**That our actions may protect the health of ourselves and others.**

For the special needs and concerns of this congregation.

*Silence. The People may add their own petitions.*

Hear us, Lord;

**For your mercy is great.**

We thank you, Lord, for all the blessings of this life. *Silence.*

We will exalt you, O God our King;

**And praise your Name for ever and ever.**

We pray for all who have died, that they may have a place in your eternal kingdom.

*Silence.* Lord, let your loving kindness be upon them.

**May they be filled with your love.**

Into your hands, gracious God, we commend all for whom we pray, trusting in your mercy;  
through Jesus Christ our Lord.

**Amen.**

And now, as our Savior Christ has taught us, we pray together:

**Our Father, who art in heaven, hallowed be thy Name,  
thy kingdom come, thy will be done, on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses, as we forgive those who trespass against us.  
And lead us not into temptation, but deliver us from evil.  
For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

We pray together for Christ's presence:

**My Jesus, I believe that you are truly present in the Blessed Sacrament of the bread and wine.  
I love you above all things, and long for you in my soul.  
Since I cannot now receive you sacramentally, come spiritually into my heart.  
I embrace you and unite myself entirely to you; never permit me to be separated from you.  
Amen.**

*Celebrant:* While we long to receive the sacrament of Christ's Body,

*People:* **We become the sacrament of Christ's Body.**

*Celebrant:* Let your lives be manna to feed our hunger for communion.

*People:* **The love we share becomes bread for the world.**

## **Blessing**

**Closing Hymn                    O love, how deep, how broad, how high                    St. Bart's**

*O love, how deep, how broad, how high, how passing thought and fantasy,  
that God, the Son of God, should take, our mortal form for mortals' sake!*

*For us baptized, for us he bore, his holy fast and hungered sore;  
for us temptations sharp he knew; for us the tempter overthrew.*

*For us he prayed; for us he taught; for us his daily works he wrought:  
by words and signs and actions, thus, still seeking not himself, but us.*

*For us to wicked hands betrayed, scourged, mocked, in purple robe arrayed,  
he bore the shameful cross and death; for us gave up his dying breath.*

*For us he rose from death again; for us he went on high to reign;  
for us he sent his Spirit here, to guide, to strengthen, and to cheer.*

*All glory to our Lord and God, for love so deep, so high, so broad;  
the Trinity whom we adore forever and forevermore.*

## **Dismissal**