

## Ante Communion Service: August 22, 2021, Proper 16B

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*Celebrant* Blessed be the Holy Trinity, one God, the fountain of living water, the rock who gave birth, our light and our salvation. **Amen.**

*Celebrant* Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Jesus Christ our Lord. **Amen.**

*A moment of silence for self-reflection*

*Celebrant* Let us confess our sin in the presence of God and of one another.

*People* **Gracious God, have mercy on us.**

**We confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone.**

**We have not loved you with our whole heart; we have not loved our neighbors as ourselves; we have not loved all Creation with the love of the Creator.**

**We are truly sorry, and we humbly repent.**

**For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will and walk in your ways to the glory of your name. Amen.**

*Celebrant* Joined to Christ in the waters of baptism, we are clothed with God's mercy and forgiveness. In the name of the Father and of the Son and of the Holy Spirit. **Amen.**

*Celebrant* The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

*People* **And also with you.**

In peace, let us pray to the Lord.

**Lord, have mercy.**

For the peace of the Creator, and for our salvation, let us pray to the Lord.

**Lord, have mercy.**

For the peace of the whole world, for the well-being of the church of God, and for the unity of all, let us pray to the Lord.

**Lord, have mercy.**

For our holy house, and for all who offer their worship and praise, let us pray to the Lord.

**Lord, have mercy.**

Help, save, comfort, and defend us, gracious Lord.

**Amen.**

This is the feast of victory for our God. Alleluia.

**Worthy is Christ the Lamb who was slain, whose blood set us free to be people of God.**

**Power, and riches, and wisdom, and strength, and honor, and blessing, and glory are his.**

**This is the feast of victory for our God. Alleluia.**

**Sing with all the people of God, and join in the hymn of all creation:**

**Blessing, and honor, and glory, and might be to God and the Lamb forever. Amen.**

**This is the feast of victory for our God. For the Lamb who was slain has begun his reign.**

**Alleluia. Alleluia.**

Let us pray together: **Grant, O merciful God, that your Church, being gathered together in unity by your Holy Spirit, may show forth your power among all peoples, to the glory of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.**

**First Reading**

**Joshua 24:1-2a,14-18**

Joshua gathered all the tribes of Israel to Shechem, and summoned the elders, the heads, the judges, and the officers of Israel; and they presented themselves before God. And Joshua said to all the people, "Thus says the Lord, the God of Israel: "Now therefore revere the Lord, and serve him in sincerity and in faithfulness; put away the gods that your ancestors served beyond the River and in Egypt, and serve the Lord. Now if you are unwilling to serve the Lord, choose this day whom you will serve, whether the gods your ancestors served in the region beyond the River or the gods of the Amorites in whose land you are living; but as for me and my household, we will serve the Lord."

Then the people answered, "Far be it from us that we should forsake the Lord to serve other gods; for it is the Lord our God who brought us and our ancestors up from the land of Egypt, out of the house of slavery, and who did those great signs in our sight. He protected us along all the way that we went, and among all the peoples through whom we passed; and the Lord drove out before us all the peoples, the Amorites who lived in the land. Therefore, we also will serve the Lord, for he is our God."

The Word of the Lord.

**Thanks be to God.**

**Psalm 34:15-22**

*Benedicam Dominum*

The eyes of the Lord are upon the righteous, \*  
**and his ears are open to their cry.**

The face of the Lord is against those who do evil, \*  
**to root out the remembrance of them from the earth.**

The righteous cry, and the Lord hears them \*  
**and delivers them from all their troubles.**

The Lord is near to the brokenhearted \*  
**and will save those whose spirits are crushed.**

Many are the troubles of the righteous, \*  
**but the Lord will deliver him out of them all.**

He will keep safe all his bones; \*  
**not one of them shall be broken.**

Evil shall slay the wicked, \*  
**and those who hate the righteous will be punished.**

The Lord ransoms the life of his servants, \*  
**and none will be punished who trust in him.**

Glory be to the Father, and to the Son, and to the Holy Spirit.

**As it was in the beginning, is now, and ever shall be. World without end. Amen.**

**Second Reading**

**Ephesians 6:10-20**

Be strong in the Lord and in the strength of his power. Put on the whole armor of God, so that you may be able to stand against the wiles of the devil. For our struggle is not against enemies of blood and flesh, but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armor of God, so that you may be able to withstand on that evil day, and having done everything, to stand firm.

Stand therefore, and fasten the belt of truth around your waist, and put on the breastplate of righteousness. As shoes for your feet put on whatever will make you ready to proclaim the gospel of peace. With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one. Take the helmet of salvation, and the sword of the Spirit, which is the word of God. Pray in the Spirit at all times in every prayer and supplication. To that end keep alert and always persevere in supplication for all the saints. Pray also for me, so that when I speak, a message may be given to me to make known with boldness the mystery of the gospel, for which I am an ambassador in chains. Pray that I may declare it boldly, as I must speak.

The Word of the Lord.

**Thanks be to God.**

**Gospel**

**John 6:56-69**

The Holy Gospel of our Lord Jesus Christ according to John.

**Glory to you, Lord Christ.**

Jesus said, "Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever." He said these things while he was teaching in the synagogue at Capernaum. When many of his disciples heard it, they said, "This teaching is difficult; who can accept it?" But Jesus, being aware that his disciples were complaining about it, said to them, "Does this offend you? Then what if you were to see the Son of Man ascending to where he was before? It is the spirit that gives life; the flesh is useless. The words that I have spoken to you are spirit and life. But among you there are some who do not believe." For Jesus knew from the first who were the ones that did not believe, and who was the one that would betray him. And he said, "For this reason I have told you that no one can come to me unless it is granted by the Father." Because of this many of his disciples turned back and no longer went about with him. So Jesus asked the twelve, "Do you also wish to go away?" Simon Peter answered him, "Lord, to whom can we go? You have the words of eternal life. We have come to believe and know that you are the Holy One of God."

The Gospel of the Lord.

**Praise to you, Lord Christ.**

**Sermon**

**Hymn**

**Tis So Sweet to Trust in Jesus**

*'Tis so sweet to trust in Jesus, just to take him at his word,  
Just to rest upon his promise, just to know, "Thus saith the Lord."*

*Refrain:*

*Jesus, Jesus, how I trust him! How I've proved him o'er and o'er!  
Jesus, Jesus, precious Jesus! Oh, for grace to trust him more!*

*2 Oh, how sweet to trust in Jesus, just to trust his cleansing blood,  
Just in simple faith to plunge me, 'neath the healing, cleansing flood! [Refrain]*

*3 Yes, 'tis sweet to trust in Jesus, just from sin and self to cease,  
Just from Jesus simply taking life and rest, and joy and peace. [Refrain]*

*4 I'm so glad I learned to trust thee, precious Jesus, Savior, Friend;  
And I know that thou art with me, will be with me to the end. [Refrain]*

**Nicene Creed**

*Said by all.*

**We believe in one God, the Father Almighty,  
maker of heaven and earth, of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father, God from God, Light from Light,  
true God from true God, begotten, not made, of one being with the Father.  
Through Him all things were made.  
For us and for our salvation, he came down from heaven: by the power of the Holy Spirit,  
he became incarnate from the Virgin Mary, and was made man.  
For our sake he was crucified under Pontius Pilate; he suffered death and was buried.  
On the third day He rose again in accordance with the Scriptures.  
He ascended into heaven and is seated at the right hand of the Father.  
He will come in glory to judge the living and the dead, and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father  
and the Son. With the Father and the Son, he is worshipped and glorified.  
He has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one Baptism for the forgiveness of sins.  
We look for the resurrection of the dead, and the life of the world to come. Amen.**

**Prayers of the People**

*Celebrant* With the whole people of God in Christ Jesus, let us pray for the church,  
those in need, and all of God's creation. In peace, we pray to you, Lord God.

*Silence*

For this community, the nation, and the world;

**For all who work for justice, freedom, and peace.**

For the peace and unity of the world;

**That a spirit of respect may grow among nations and peoples.**

For the just and proper use of your creation;

**For the victims of hunger, fear, injustice, and oppression.**

For all bishops and other ministers;

**For all who serve God in his Church.**

For all who love and trust in God, that divisions may cease;

**And that all may be one, as you and the Father are one.**

For all who are in danger, sorrow, or any kind of trouble;

**For those who minister to the sick, the friendless, and the needy.**

For wisdom in this time of pandemic;

**That our actions may protect the health of ourselves and others.**

For the special needs and concerns of this congregation.

*Silence. The People may add their own petitions.*

Hear us, Lord;

**For your mercy is great.**

We thank you, Lord, for all the blessings of this life. *Silence.*

We will exalt you, O God our King;

**And praise your Name for ever and ever.**

We pray for all who have died, that they may have a place in your eternal kingdom.

*Silence.* Lord, let your loving kindness be upon them.

**May they rest in your peace eternally.**

Into your hands, gracious God, we commend all for whom we pray, trusting in your mercy; through Jesus Christ our Lord. **Amen.**

And now, as our Savior Christ has taught us, we pray together:

**Our Father, who art in heaven, hallowed be thy Name,  
thy kingdom come, thy will be done, on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses, as we forgive those who trespass against us.**

**And lead us not into temptation, but deliver us from evil.**

**For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

We pray together for Christ's presence:

**My Jesus, I believe that you are truly present in the Blessed Sacrament of the bread and wine.**

**I love you above all things, and long for you in my soul.**

**Since I cannot now receive you sacramentally, come spiritually into my heart.**

**I embrace you and unite myself entirely to you; never permit me to be separated from you.**

**Amen.**

*Celebrant:* While we long to receive the sacrament of Christ's Body,

*People:* **We become the sacrament of Christ's Body.**

*Celebrant:* Let your lives be manna to feed our hunger for communion.

*People:* **The love we share becomes bread for the world.**

### **Blessing**

May the blessing of Christ's light be on you - light without and light within.

May the blessed sunlight shine on you and warm your heart till it glows.

And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be in you, among you, and remain with you always. **Amen.**

### **Dismissal**

Go in peace and hope and joy to love and serve the Lord. Alleluia.

**Thanks be to God. Alleluia.**