

Antecommunion Service: March 12, 2023 Lent 3A

The love of God poured into our hearts, the saving grace of Jesus Christ, and the abundant life of the Holy Spirit be with you all. **Amen.**

God of mercy and consolation, come to the help of your people, turning us from our sin to live for you alone. Give us the power of your Holy Spirit that we may confess our sin, receive your forgiveness, and grow into the fullness of Jesus Christ, our Savior and Lord. **Amen.**

A moment of silence for self-reflection

Let us confess our sin in the presence of God and of one another.

God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

Joined to Christ in the waters of baptism, we are clothed with God's mercy and forgiveness. In the name of the Father and of the Son and of the Holy Spirit. **Amen.**

The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

Kyrie: said together

Lord have mercy, Christ have mercy, Lord have mercy.

Let us pray together: **Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.**

First Reading

Exodus 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

The Word of the Lord.

Thanks be to God.

Psalm 95*Venite, exultemus*

1 Come, let us sing to the Lord; *

let us shout for joy to the Rock of our salvation.

2 Let us come before his presence with thanksgiving *

and raise a loud shout to him with psalms.

3 For the Lord is a great God, *

and a great King above all gods.

4 In his hand are the caverns of the earth, *

and the heights of the hills are his also.

5 The sea is his, for he made it, *

and his hands have molded the dry land.

6 Come, let us bow down, and bend the knee, *

and kneel before the Lord our Maker.

7 For he is our God, and we are the people of his pasture and the sheep of his hand. *

Oh, that today you would hearken to his voice!

8 Harden not your hearts, as your forebears did in the wilderness, *

at Meribah, and on that day at Massah, when they tempted me.

9 They put me to the test, *

though they had seen my works.

10 Forty years long I detested that generation and said, *

"This people are wayward in their hearts; they do not know my ways."

11 So I swore in my wrath, *

"They shall not enter into my rest."

Glory be to the Father, and to the Son, and to the Holy Spirit.

As it was in the beginning, is now, and every shall be. World without end. Amen.**Second Reading****Romans 5:1-11**

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die.

But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

The Word of the Lord.

Thanks be to God.**Gospel****John 4:5-42**

The Holy Gospel of our Lord Jesus Christ according to John.

Glory to you, Lord Christ.

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth."

The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman,

“It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world.”

The Gospel of the Lord.

Praise to you, Lord Christ.

Sermon

Hymn

Just As I Am

*Just as I am, without one plea, but that thy blood was shed for me,
and that thou bidd'st me come to thee, O Lamb of God, I come, I come.*

*Just as I am, and waiting not to rid my soul of one dark blot,
to thee, whose blood can cleanse each spot, O Lamb of God, I come, I come.*

*Just as I am, thou wilt receive, wilt welcome, pardon, cleanse, relieve;
because thy promise I believe, O Lamb of God, I come, I come.*

Nicene Creed

Said by all.

**We believe in one God, the Father Almighty,
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father, God from God, Light from Light,
true God from true God, begotten, not made, of one being with the Father.
Through Him all things were made.**

**For us and for our salvation, he came down from heaven: by the power of the Holy Spirit,
he became incarnate from the Virgin Mary, and was made man.**

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day He rose again in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

He will come in glory to judge the living and the dead, and his kingdom will have no end.

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.**

We believe in one holy catholic and apostolic Church.

We acknowledge one Baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People

With the whole people of God in Christ Jesus, let us pray for the church, those in need,
and all of God's creation. In peace, we pray to you, Lord God.

For this community, the nation, and the world;

For the victims of hunger, fear, injustice, and oppression.

For the peace and unity of the world;

That a spirit of respect may grow among nations and peoples.

For all who love and trust in God, that divisions may cease;
And that all may be one, as you and the Father are one.

For the just and proper use of your creation;
That we may treat your creation with the love of the Creator.

For all who are in danger, sorrow, or any kind of trouble.
People: **For those who minister to the sick, the friendless, and the needy.**

For the special needs and concerns of this congregation. *The People may add their own petitions.*
Hear us, Lord; **For your mercy is great.**

We thank you, Lord, for all the blessings of this life. *Silence.*
We will exalt you, O God our King; **And praise your Name for ever and ever.**

We pray for all who have died, that they may have a place in your eternal kingdom. *Silence.*
Lord, let your loving kindness be upon them. **May they rest in your peace eternally.**

Into your hands, gracious God, we commend all for whom we pray, trusting in your mercy;
through Jesus Christ our Lord. **Amen.**

And now, as our Savior Christ has taught us, we pray together:

**Our Father, who art in heaven, hallowed be thy Name,
thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our sin, as we forgive those who sin against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

We pray together for Christ's presence:

**My Jesus, I believe that you are truly present in the Blessed Sacrament of the bread and wine.
I love you above all things, and long for you in my soul.
Since I cannot now receive you sacramentally, come spiritually into my heart. I embrace you
and unite myself entirely to you; never permit me to be separated from you. Amen.**

Celebrant: While we long to receive the sacrament of Christ's Body,

People: **We become the sacrament of Christ's Body.**

Celebrant: Let your lives be manna to feed our hunger for communion.

People: **The love we share becomes bread for the world.**

Blessing

The Lord bless you and keep you. The Lord's face shine on you with grace and mercy.
The Lord look upon you with love and give you peace. Amen.

Dismissal Go in peace. Christ is with you. **Thanks be to God.**

*The Lord bless you and keep you. The Lord lift his countenance upon you and give you peace.
The Lord make his face to shine upon you and be gracious unto you. Amen.*